

If you have any questions about DAPP please call **0300 800074** or email [dappenquiries@yccuk.org.uk](mailto:dappenquiries@yccuk.org.uk)

Or visit our website at [yorkshirechildrenscentre.org.uk](http://yorkshirechildrenscentre.org.uk) to start the referral process.



#### Access to centre Policies and Procedures

A full copy of the Yorkshire Children's Centre's policies and procedures are available for you to read and review within all our Contact Centre locations.

#### Disclosure of Information

Yorkshire Children's Centre respects the individuals rights of confidentiality of all personal and family details, and none of this information will be divulged without your consent. Exceptions – (information Sharing) to prevent significant harm arising to children and young people or serious harm to adults, including through the prevention, detection and persecution of serious crime.

#### Equal Opportunities and Diversity

Yorkshire Children's Centre aims to offer a equal service, regardless of race, skin colour, ethnic origin, cultural beliefs, nationality, gender, age disability, sexual orientation or religion, and to anyone who is disadvantaged by conditions or requirements which can not be shown as justifiable.



# DOMESTIC ABUSE PERPETRATOR PROGRAMME (D.A.P.P.)

CHALLENGING BELIEFS,  
PROVIDING PLATFORMS  
FOR CHANGE

SELF REFERRAL

children  
and family  
services



Part of National Children's Centre.  
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[YorkshireChildrensCentre.org.uk](http://YorkshireChildrensCentre.org.uk)

[@YorkshireCC](https://www.facebook.com/YorkshireCC) [Yorkshire Children's Centre](https://www.facebook.com/YorkshireChildrensCentre)

Yorkshire  
Children's Centre

**The DAPP programme offers a minimum of 60 hours intervention that aims to increase the safety of women and children, by working with men who recognise they have been abusive towards an intimate female partner. Domestic abuse includes physical violence, emotional abuse and any other forms of coercive control. DAPP is open to men aged 21 and over from any ethnicity or religious background.**

The programme has centres based in Huddersfield and Halifax and offers a programme that reinforces sustainable, internal change with the view that men will address their beliefs and values rather than making modified, short term changes.

The DAPP Programme of work covers a range of topics designed to provide each man with the insight to recognise abusive behaviour and learn strategies of relating non-abusively. The programme is a 17 week rolling programme and therefore the learning is further reinforced by the other men on the group who are encouraged to offer support and advice.

Every session is delivered by a male and female facilitator to promote positive, healthy relationships, but to also ensure that the 'female voice' is heard.

### Topics covered are as follows:

- Men holding themselves responsible for their behaviour
- Partner blaming, and how this distorts abusive incidents rather than addressing that the man is solely responsible for how he feels and responds to difficult situations
- Gender inequality
- The impacts of DV on children
- The 'Masculine Pressure Pot'
- How violence can escalate and de-escalate
- How to avoid being trapped in destructive or repetitive patterns of relating and thinking
- Effective strategies to use when an argument is escalating
- How to negotiate more effectively in relationships
- Exploring and identifying difficult emotions

Research<sup>(\*)</sup> into RESPECT accredited programmes (like the DAPP) shows that most women and children feel significant improvements of safety after the man has completed a DAPP programme. Research also shows most women who had experienced sexual or physical violence stated that this violence stopped after the programme.

Men who have engaged fully with all the programmes treatment goals shared they had learned practical skills and fresh perspectives.

These skills and insight improve their lives and can help them regain contact with their loved ones and build a safer environment for them.

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### Timetable

Application is by referral from statutory and non-statutory agencies or men can make a self-referral using the referral form available online at our website. Once we receive the referral and all necessary information the client will be asked to attend two 1.5 hour suitability assessments.

If deemed suitable, the applicant is invited to 3 weekly pre group sessions. After this, if suitable, the applicant will join the core programme for 14 weekly group sessions complemented with 121 intervention support which can be offered in the evening and afternoon with a maximum group of 12 men. Times and locations of the courses are provided once the referral is accepted.

