

If you have any questions about DAPP please call **0300 800074** or email [dappenquiries@yccuk.org.uk](mailto:dappenquiries@yccuk.org.uk)

Or visit our website at [yorkshirechildrenscentre.org.uk](http://yorkshirechildrenscentre.org.uk) to start the referral process.



#### Access to centre Policies and Procedures

A full copy of the Yorkshire Children's Centre's policies and procedures are available for you to read and review within all our Contact Centre locations.

#### Disclosure of Information

Yorkshire Children's Centre respects the individuals rights of confidentiality of all personal and family details, and none of this information will be divulged without your consent. Exceptions – (information Sharing) to prevent significant harm arising to children and young people or serious harm to adults, including through the prevention, detection and persecution of serious crime.

#### Equal Opportunities and Diversity

Yorkshire Children's Centre aims to offer a equal service, regardless of race, skin colour, ethnic origin, cultural beliefs, nationality, gender, age disability, sexual orientation or religion, and to anyone who is disadvantaged by conditions or requirements which can not be shown as justifiable.



# DOMESTIC ABUSE PERPETRATOR PROGRAMME (D.A.P.P.)

CHALLENGING BELIEFS,  
PROVIDING PLATFORMS  
FOR CHANGE

REFERRAL

children  
and family  
services



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[YorkshireChildrensCentre.org.uk](http://YorkshireChildrensCentre.org.uk)

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Yorkshire  
Children's Centre

## What is the Domestic Abuse Perpetrator Programme (DAPP)?

The DAPP programme offers a minimum of 60 hours intervention that aims to increase the safety of women and children by working with men who recognise that they have been abusive towards an intimate female partner and who want to stop that behaviour. Domestic abuse includes physical violence, emotional abuse or any other form of coercive control. The DAPP is open to men aged 21 and over from any ethnicity or religious background.

We understand this work can be difficult and that to make changes men may need a lot of support and help. The group work is designed to be supportive and helpful to those wanting to make changes. Working with other men who also want to make changes can be a source of support in itself.

## What happens on the programme?

This community based programme with centres in Kirklees (Huddersfield) and Calderdale (Halifax) is more than simply an anger management course or support group. It offers a full programme of behavioural change work for abusive men.

Over 17 weekly group sessions, men attending will meet other men who are in similar life situations and support each other whilst working through a range of topics designed specifically to provide them with insight into how their behaviour is abusive and how to learn non-abusive behaviour.

Sessions are run by one male and one female facilitator and there is a balance between discussion of problems and interactive exercises. The men work with real-life problems and explore areas such as:

- The benefits for the men and their families of being honest about how their behaviour affects others
- The damaging effects of blaming others for their behaviour and how to stop doing it
- The wide range of impacts of abusive and controlling behaviour on women
- The (sometimes hidden) impact on children of a father's abusive behaviour
- How to be less reactive and prevent the actions of others affecting the choices they make
- How arguments escalate and how to prevent escalation
- How to recognise and stop abusive or controlling behaviour before it happens
- How to avoid being trapped in destructive or repetitive patterns of thinking and relating
- How to know themselves better so they can stay calm
- How to take appropriate 'time outs'
- How to negotiate more effectively in a relationship

## What are the outcomes for men attending the programme and their families?

Research (\*1) into RESPECT accredited programmes (like the DAPP) shows that most women and children feel significant improvements in their sense

of safety after the man completed a programme of this type. This research also shows most women who had experienced sexual or physical violence from their partner stated that this violence had stopped as a result of completing the programme. Men who have engaged fully with the programme by attending all the sessions and participating with full honesty have told us they feel a great benefit from the practical skills and fresh perspective they have learned. These skills and personal insights appear to improve their experience of life and can help them regain contact with their loved ones and build a safer environment for them. Men also report they have experienced significant encouragement and support from meeting and talking with other men, helping them see they are not alone in their struggle and that progress and change is not only possible but is merely a matter of making better and more informed decisions.

## What is the Programme timetable?

Application is by referral from statutory and non-statutory agencies (eg. your CAFCASS family court advisor, or Social services in the voluntary or non-voluntary sector), or men can make a self-referral using the referral form available below.

Once the referral is received and reviewed, the applicant will be asked to attend two 1.5 hour suitability assessment interviews in Huddersfield or Halifax, whichever is

most convenient for the applicant. These interviews take place during office hours. If deemed suitable, the applicant is then invited to 3 weekly group sessions with other new applicants in a group of two to five men. After this, if suitable, the applicant is then invited to join the core programme for 14 weekly group sessions complemented with 121 intervention support which can be offered in the evening and afternoon with a maximum group of 12 men. Times and locations of the courses are provided once the referral is accepted.

## Respect Accreditation

Yorkshire Children Centre is one of only fourteen organisations nationally to be fully accredited by RESPECT, the National Association for Domestic Abuse Perpetrator Programmes and Associated Support.

For more information  
Visit Respect, DVPP Accrediting Body:  
<http://www.respect.uk.net/>  
Respect Phoneline: Confidential helpline offering advice, information and support to help you stop being violent and abusive to your partner: <http://www.respectphoneline.org.uk>

